

ONGOING THERAPY/SUPPORT GROUPS for sufferers of:

- DEPRESSION
 - OBSESSIVE-COMPULSIVE DISORDER
 - PANIC/ANXIETY ATTACKS
 - BODY DYSMORPHIC DISORDER
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- Feelings of Unreality
 - Scary Thoughts
 - Difficulty Breathing
 - Nausea
 - Catastrophic Thinking
 - Depression
 - Washing and/or Checking Rituals
 - Fear of "going crazy"
 - Heart Palpitations
 - Mental Compulsions
 - Dizziness
 - Hot & Cold Flashes
 - Contamination Fears
 - Hoarding
 - Dental/Medical Phobias
 - Irrational Fears

When & Where:

Wednesdays from 7:00 pm to 8:30 pm
132 Leland Street, Santa Rosa

Thursdays from 7:00 pm to 8:30 pm
35 Maria Drive, Suite 861, Petaluma

DORIS R. SAMI, DSW, LCSW, a certified group psychotherapist, has over 25 years of clinical experience in various settings. She specializes in the treatment of anxiety disorders, using a cognitive-behavioral approach. Emphasis is on coping skills, not dysfunctions.



PLEASE CALL DR. DORIS SAMI AT (707) 544-0821

Visit her website at www.sami.org

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